

Project RockSTARR



FutureSearch Trials is participating in Project RockSTARR!



MHA is a powerful voice for healthy communities throughout the nation and offers information, referrals, and resources for individuals living with any type of mental illness. One of MHA's services includes online screening, which is one of the quickest and easiest ways to determine whether you are experiencing symptoms of a mental health condition. **Mental health conditions, such as depression or anxiety, are real, common and treatable. And recovery is possible.**

MHA of Greater Dallas serves adults and transition age youth who are dealing with mental health needs and do not have financial resources, including Veterans and people who are homeless.

MHA of Greater Dallas
624 N. Good-Latimer Expy.,
Ste. 200
Dallas, TX 75204
Phone: (214) 871-2420
www.mhadallas.org



NAMI is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. Your local NAMI Affiliates and volunteer leaders work in communities across the country to raise awareness and provide essential and free education, advocacy, and support group programs.

NAMI North Texas offers free education programs along with support, guidance, and hope to those in the Collin, Dallas, Denton & Rockwall Counties affected by mental health illnesses.

NAMI North Texas
Dallas, TX 75204
Phone: (214) 341-7133
info@naminorthtexas.org
www.naminorthtexas.org



Depression and Bipolar Support Alliance (DBSA) changes lives, saves lives and impacts lives, through education, peer support groups and advocacy for those diagnosed with a mental health illnesses and empowers their family and friends to embrace their independence, advocate for improved services, and to love them for who they are.

DBSA Dallas is a locally-run, independent affiliate of the National DBSA and offers peer-led support groups providing a place where people with mood disorders and those who care about them can share experiences, discuss wellness skills, and offer hope to one another. We've been there. We can help.

DBSA Dallas
Richardson, TX
(817) 654-7100
Carol King: (972) 709-5464
Email: info@dbсадallas.org
<https://www.facebook.com/Depression-And-Bipolar-Support-Alliance-Dallas-2153898754908778>

