

# Project RockSTARR



Pharmacology  
Research Institute

WR-PRI – Orange County



National Alliance on Mental Illness

**NAMI** is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. Your local NAMI Affiliates and volunteer leaders work in communities across the country to raise awareness and provide essential and free education, advocacy, and support group programs.

NAMI Orange County conducts free educational programs, meetings and support groups, addressing every aspect of mental health. We provide no-cost programs, virtual events, educational meetings, support groups and advocacy for families and individuals dealing with the effects of mental illness.

## NAMI Orange County

1810 E 17th Street  
Santa Ana, CA 92705  
Phone: (714) 544-8488  
Email: [info@namioc.org](mailto:info@namioc.org)  
[www.namioc.org](http://www.namioc.org)



Mental Health America

**MHA** is a powerful voice for healthy communities throughout the nation and offers information, referrals, and resources for individuals living with any type of mental illness. One of MHA's services includes online screening, which is one of the quickest and easiest ways to determine whether you are experiencing symptoms of a mental health condition. **Mental health conditions, such as depression or anxiety, are real, common and treatable. And recovery is possible.**

MHALA serves adults and transition age youth who are dealing with mental health needs and do not have financial resources, including Veterans and people who are homeless.

## MHA of Los Angeles

200 Pine Avenue  
Long Beach, CA 90802  
Phone: (562) 285-1330  
<http://mhala.org/>



improved services, and to love them for who they are.

**Depression and Bipolar Support Alliance (DBSA)** changes lives, saves lives and impacts lives, through education, peer support groups and advocacy for those diagnosed with a mental health illnesses and empowers their family and friends to embrace their independence, advocate for

DBSA Orange County is an affiliate of the National DBSA. Our aim is to help persons suffering from mood disorders (bipolar disorder, schizoaffective disorder, and depression) living in or around the Orange County region.

## DBSA South Orange County

Irvine, CA  
Email: [dbsasoc@alsirat.com](mailto:dbsasoc@alsirat.com) or  
[lynngazis@gmail.com](mailto:lynngazis@gmail.com)  
<http://dbsasoc.alsirat.com/>

## DBSA Orange County

Costa Mesa  
Rock Harbor Church, CA  
Nasser Nasralla: (949) 302-1276 or  
(714) 744-8718  
Email: [dbsaoc@hotmail.com](mailto:dbsaoc@hotmail.com)  
<http://dbsaoc.org/>