

# Project RockSTARR



National Alliance on Mental Illness

**NAMI** is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. Your local NAMI Affiliates and volunteer leaders work in communities across the country to raise awareness and provide essential and free education, advocacy, and support group programs.

NAMI Charleston is a local affiliate of the National Alliance on Mental Illness (NAMI), a national nonprofit organization. NAMI Charleston Area provides support, education, and advocacy for people with mental health conditions and their families.

## **NAMI Charleston Area**

PO Box 2251

Mount Pleasant, SC 29465

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Email:

[info@namicharlestonarea.org](mailto:info@namicharlestonarea.org)

[www.namicharlestonarea.org](http://www.namicharlestonarea.org)



Mental Health America

**MHA** is a powerful voice for healthy communities throughout the nation and offers information, referrals, and resources for individuals living with any type of mental illness. One of MHA's services includes online screening, which is one of the quickest and easiest ways to determine whether you are experiencing symptoms of a mental health condition. **Mental health conditions, such as depression or anxiety, are real, common and treatable. And recovery is possible.**

MHA Georgetown County is a local chapter of the national MHA organization, dedicated to promoting mental health recovery and wellness through advocacy, education and support services.

## **MHA Georgetown County**

P.O. Box 2097

Georgetown, SC 29442-2097

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[www.mhanational.org/](http://www.mhanational.org/)



improved services, and to love them for who they are.

**Depression and Bipolar Support Alliance (DBSA)** changes lives, saves lives and impacts lives, through education, peer support groups and advocacy for those diagnosed with a mental health illnesses and empowers their family and friends to embrace their independence, advocate for

DBSA offers peer-based, wellness-oriented support and empowering services and resources available when people need them, where they need them, and how they need to receive them—online 24/7, in local support groups, in audio and video casts, or in printed materials distributed by DBSA, our chapters, and mental health care facilities across America.

## **DBSA National Office**

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