

# Project RockSTARR



## Dayton Clinical Research



National Alliance on Mental Illness

**NAMI** is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. Your local NAMI Affiliates and volunteer leaders work in communities across the country to raise awareness and provide essential and free education, advocacy, and support group programs.

NAMI Montgomery County Ohio (NAMI-MC), founded in 1988, is an affiliate of NAMI Ohio joining with 40 others. The state coalition represents an important link in efforts to improve the quality of life for those with mental illness by implementing and integrating services and policies determined at the state level. NAMI-MC is dedicated to improving the lives of family members, friends and persons with mental illness through education, outreach, referral, support and advocacy.

**NAMI Montgomery County**  
409 Monument Ave, Suite 102  
Dayton, OH 45402  
Phone: (937) 299-3667  
Email: linda@nami-mc.org  
www.nami-mc.org



Mental Health America

**MHA** is a powerful voice for healthy communities throughout the nation and offers information, referrals, and resources for individuals living with any type of mental illness. One of MHA's services includes online screening, which is one of the quickest and easiest ways to determine whether you are experiencing symptoms of a mental health condition.

**Mental health conditions, such as depression or anxiety, are real, common and treatable. And recovery is possible.**

**MHA of Ohio**  
2323 West Fifth Ave, Ste 160  
Columbus, OH 43204  
Phone (614) 221-1441  
<http://mhaohio.org/>



**Depression and Bipolar Support Alliance (DBSA)** changes lives, saves lives and impacts lives, through education, peer support groups and advocacy for those diagnosed with a mental health illnesses and empowers their family and friends to embrace their

independence, advocate for improved services, and to love them for who they are.

DBSA offers peer-based, wellness-oriented support and empowering services and resources available when people need them, where they need them, and how they need to receive them—online 24/7, in local support groups, in audio and video casts, or in printed materials distributed by DBSA, our chapters, and mental health care facilities across America.

There are several local Ohio DBSA Support Groups. Please check the site for a group near you.

**DBSA National Office**  
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Chicago, IL 60604  
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