

Project RockSTARR



National Alliance on Mental Illness

NAMI is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. Your local NAMI Affiliates and volunteer leaders work in communities across the country to raise awareness and provide essential and free education, advocacy, and support group programs.

NAMI Greater Kansas City is a volunteer-based, membership-based nonprofit dedicated to improving the quality of life and recovery for people with mental illness and their families through support, education and advocacy. We provide persons living with a mental illness a safe place to share feelings and get needed information. Together we raise our voices to bring about positive change in the mental health system. Temporarily without an office - call 1 800 374-2138 to be connected with local groups, classes and assistance.

NAMI Greater Kansas City
5231 NE Antioch Rd. #321
Kansas City, MO 64119
Phone: (816) 226-6798
Email: info@namigreaterkc.org
[Facebook.com/namigkc](https://www.facebook.com/namigkc)
<https://namigreaterkc.org>



MHA is a powerful voice for healthy communities throughout the nation and offers information, referrals, and resources for individuals living with any type of mental illness. One of MHA's services includes online screening, which is one of the quickest and easiest ways to determine whether you are experiencing symptoms of a mental health condition. **Mental health conditions, such as depression or anxiety, are real, common and treatable. And recovery is possible.**

MHA of the Heartland is dedicated to promoting the mental health of the community, and improving the quality of life of persons with mental illness, through advocacy, education, and support. We are part of a network of affiliates that, combined, are a great force that collaborate for the good of mental health consumers, parents, advocates, and service providers. With more than 200 affiliates nationwide and more than 100 years in existence, we represent a growing movement of Americans who promote mental wellness for the health and well-being of the nation – everyday and in times of crisis.

MHA of the Heartland
739 Minnesota Ave
Kansas City, KS 66101-2703
Phone (913) 281-2221
<http://mhah.org/>



Depression and Bipolar Support Alliance (DBSA) changes lives, saves lives and impacts lives, through education, peer support groups and advocacy for those diagnosed with a mental health illnesses and empowers their family and friends to embrace their independence, advocate for

improved services, and to love them for who they are.

DBSA offers peer-based, wellness-oriented support and empowering services and resources available when people need them, where they need them, and how they need to receive them—online 24/7, in local support groups, in audio and video casts, or in printed materials distributed by DBSA, our chapters, and mental health care facilities across America.

Please check the site for a DBSA Support Group near you.

DBSA National Office
55 E Jackson Blvd, Suite 490
Chicago, IL 60604
Phone: (800) 826-3632
Email: programs@dbsalliance.org
www.dbsalliance.org

