



Thank you for being a hero! Your participation in research gives hope to countless individuals living with mental health conditions.

 <p>NAMI is the nation’s largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. Your local NAMI Affiliates and volunteer leaders work in communities across the country to raise awareness and provide essential and free education, advocacy, and support group programs.</p> <p>NAMI Montgomery County Ohio (NAMI-MC), founded in 1988, is an affiliate of NAMI Ohio joining with 40 others. The state coalition represents an important link in efforts to improve the quality of life for those with mental illness by implementing and integrating services and policies determined at the state level. NAMI-MC is dedicated to improving the lives of family members, friends and persons with mental illness through education, outreach, referral, support and advocacy.</p>	<p>NAMI Montgomery County 409 Monument Ave, Ste 102 Dayton, OH 45402 Phone: (937) 299-3667 Email: linda@nami-mc.org www.nami-mc.org</p>
 <p>MHA is a powerful voice for healthy communities throughout the nation and offers information, referrals, and resources for individuals living with any type of mental illness. One of MHA’s services includes online screening, which is one of the quickest and easiest ways to determine whether you are experiencing symptoms of a mental health condition. Mental health conditions, such as depression or anxiety, are real, common and treatable. And recovery is possible.</p> <p>Mental Health America of Ohio (MHAOhio) supports the Central Ohio community by guiding people to mental health services that may not otherwise be accessible. We believe in inclusivity and work with ALL individuals and their families through each step on the path to wellness, from making initial referrals, to providing free mental health services, to helping maintain stability and productivity once they are achieved.</p>	<p>MHA of Ohio 2323 West Fifth Avenue, Suite 160 Columbus, OH 43204 Phone: (614) 221-1441 http://mhaohio.org/</p>
 <p>Depression and Bipolar Support Alliance</p> <p>DBSA changes lives, saves lives and impacts lives, through education, peer support groups and advocacy for those diagnosed with a mental health illnesses and empowers their family and friends to embrace their independence, advocate for improved services, and to love them for who they are.</p> <p>DBSA has support groups in most states, as well as peer-based, wellness-oriented support and empowering services and resources available when people need them, where they need them, and how they need to receive them—online 24/7, in local support groups, in audio and video casts, or in printed materials distributed by DBSA, its chapters, and mental health care facilities across America.</p>	<p>DBSA 55 E Jackson Blvd, Suite 490 Chicago, IL 60604 Phone: (800) 826-3632 www.dbsalliance.org/</p>