

# Project RockSTARR



Pharmaceutical  
Research  
Center LLC



National Alliance on Mental Illness

**NAMI** is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. Your local NAMI Affiliates and volunteer leaders work in communities across the country to raise awareness and provide essential and free education, advocacy, and support group programs.

The families and members of **NAMI Hernando** offer support and understanding to anyone concerned about mental illnesses and the treatment of mental illness.

**NAMI Hillsborough** provides advocacy, education, support, and public awareness so that all individuals and families affected by mental illness can build better lives. Our services and support groups are all led by a person that has been affected by mental health in their lifetime.

## **NAMI Hernando**

10554 Spring Hill Dr.  
Spring Hill, FL 34608  
Phone: (352) 684-0004

Email:  
namihernando@tampabay.rr.com  
www.flnamihernando.org

## **NAMI Hillsborough**

PO Box 17856  
Tampa, FL 33682-7856  
Phone: (813) 273-8104

Email:  
support@namihillsborough.org  
www.namihillsborough.org



Mental Health America

**MHA** is a powerful voice for healthy communities throughout the nation and offers information, referrals, and resources for individuals living with any type of mental illness. One of MHA's services includes online screening, which is one of the quickest and easiest ways to determine whether you are experiencing symptoms of a mental health condition. **Mental health conditions, such as depression or anxiety, are real, common and treatable. And recovery is possible.**

## **MHA in Indian River County**

820 37th Place  
Vero Beach, FL 32960  
Phone (772) 569-9788  
www.mhairc.org



## **Depression and Bipolar Support Alliance (DBSA)**

changes lives, saves lives and impacts lives, through education, peer support groups and advocacy for those diagnosed with a mental health illnesses and empowers their family and friends to embrace their independence, advocate for improved services, and to love them for who they are.

DBSA of Tampa Bay is a locally-run, independent affiliate of the National DBSA and offers peer-led support groups providing a place where people with mood disorders and those who care about them can share experiences, discuss wellness skills, and offer hope to one another. We've been there. We can help.

## **DBSA of Tampa Bay**

PO Box 16735  
St. Petersburg, Florida  
33733

Email:  
dbsatampabay1985@gmail.com  
https://dbsatampabay.org

