



Richmond Behavioral Associates



National Alliance on Mental Illness

NAMI is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. Your local NAMI Affiliates and volunteer leaders work in communities across the country to raise awareness and provide essential and free education, advocacy, and support group programs.

NAMI NYC Staten Island provides support, education, and advocacy on behalf of families affected by mental illness and their loved ones-all free of charge to the public. Our team is comprised of trained volunteers and respected clinicians who donate their time to further our common goals.

**NAMI NYC Staten Island**

930 Willowbrook Rd, Bldg 41-A  
Staten Island, NY 10314-4276  
Phone: (718) 477-1700  
info@namistatenisland.org  
www.namistatenisland.org

**NAMI New York City Metro**  
505 8th Ave.

New York, NY 10018-4541  
Phone: (212) 684-3264  
Email: admin@naminyc.org  
www.naminycmetro.org  
www.naminys.org



Mental Health America

MHA is a powerful voice for healthy communities throughout the nation and offers information, referrals, and resources for individuals living with any type of mental illness. One of MHA's services includes online screening, which is one of the quickest and easiest ways to determine whether you are experiencing symptoms of a mental health condition. **Mental health conditions, such as depression or anxiety, are real, common and treatable. And recovery is possible.**

Formerly the Mental Health Association of New York City (MHA-NYC), Vibrant Emotional Health delivers services and support through our crisis care tools, local community service programs, and our advocacy and education work. **We provide people with emotional support and care when, where, and how they need it.** We run innovative community programs for people at all stages of life, and state-of-the-art crisis lines like the National Suicide Prevention Lifeline. Our advocacy and education work strives for systemic change. This hands-on experience gives us a unique understanding of the issues people face every day.

**Vibrant Emotional Health**

50 Broadway, 19th Floor  
New York, NY 10004  
Phone (800) 543-3638  
www.mhaofnyc.org



DBSA

**Depression and Bipolar Support Alliance (DBSA)**

changes lives, saves lives and impacts lives, through education, peer support groups and advocacy for those diagnosed with a mental health illnesses and empowers their family and friends to embrace their

independence, advocate for improved services, and to love them for who they are.

Depression and Bipolar Disorder can be isolating illnesses, but DBSA peer to peer support groups can help you connect with others who have been there as well. Visit a DBSA support group and get the support that is essential to recovery.

**DBSA Middlesex County**

Parlin/Old Bridge, NJ  
Tel: 888.829-2483  
info@dbsanewjersey.org  
https://dbsanewjersey.org/

**DBSA Middlesex County**

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