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## COMMUNITY SUPPORT RESOURCES

West Broward Outpatient Site  
7481 West Oakland Park Blvd, St. 205  
Lauderhill, FL 33319  
Phone: (954) 990-6326

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### BC HS Elderly & Veterans Services- Inverrary Station Transitional Housing Program

2995 N Dixie Hwy, Oakland Park, FL 33334  
Phone: (954) 563-4357  
Distance: 26 minutes away

The non-profit runs a federal government, HUD funded transitional housing program. Assistance is offered for homeless Broward County residents that meet low income levels and are over the age of 55.

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### Broward County Community Pantry

One NW 33rd Terrace  
Lauderhill, FL - 33311  
Phone: (954) 792-2328  
Website: <http://www.lifenet4families.org/portal/>  
Distance: 19 minutes away

LifeNet4Families offers daily, hot, nutritious meals in our community kitchen. While mainly serving Broward's ever-expanding homeless population, the dining room is also the place where hungry families can visit during the summer when no school meals are available.

The community kitchen is open to anyone who is in need. Diners await the opening of the center at 8:30 a.m. On most days, the food distribution is completed by 11:00 a.m.

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### DBSA Fort Lauderdale

Thursdays 6:00-7:30pm  
Tamarac Community Center  
8601 West Commercial Blvd.  
Tamarac, FL 33351  
Contact: Barry Spinner  
Phone: 954 224 5218  
Distance: 9 minutes away  
Contact Form Tamarac Hollywood

We provide peer support groups for people living with depression or bipolar disorder. We are peers – individuals just like you – who have come together in search of support, someone to speak with and share solutions with that work for us. All our support group meetings are free of charge, *confidential*, and supportive for you, your families, and friends.

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### DBSA Pompano Beach

Wednesdays 6-7:30pm  
Skolnick Community Center  
800 SW 36th Avenue  
Pompano Beach, FL 33069  
Contact: Eric Schweitzer  
Phone: 954 336 8258  
Distance: 20 minutes away  
Contact Form Skolnick Center

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### Federation of Families of Central Florida

2605 Maitland Center Parkway, Suite D  
Maitland, FL 32751  
Phone: 407 334 8049  
Muriel Jones, Executive Director  
Email: [info@ffcflinc.org](mailto:info@ffcflinc.org)  
Distance: 3 hours away  
Website: <https://www.ffcflinc.org>

We provide support, advocacy and education to children and youth with emotional, behavioral and mental health needs and their families in Central Florida.

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### Federation of Families of Florida

101 NW 1st Ave  
South Bay, FL 33493  
Phone: 561 518 7997  
Email: [info@fffamilies.net](mailto:info@fffamilies.net)  
Distance: 57 minutes away  
Website: <https://fffamilies.net>

Give the entire family a reason to hope for the future when you establish a connection with a group that delivers the resources and support you need. The Federation of Families of Florida, Inc. is a family-run agency that focuses on helping those with behavioral health issues cope with the challenges they face in life. We connect struggling youth and the families of those dealing with a mental health condition through mentoring programs and parent training.

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### Sincere Heart Outreach

P.O. Box 16171  
Plantation, FL 33324  
Email: [sincerehearts@outlook.com](mailto:sincerehearts@outlook.com)  
Phone: (954)642-6812  
Website:  
<https://www.sincereheartoutreach.com/contact-us/>

Sincere Heart Women Outreach, Inc. is a 501(c)3 non-profit tax-exempt organization that was started over the past four years, we have worked with assisting families, small counseling groups, help build single mothers, and feeding the community in Broward county. We are passionate and determined to meet the needs of those who are in need. Our aim to reach single mothers, pregnant single mothers, abuse females living in shelters, and halfway houses. Our goal is to help ladies with essential supplies, assistance with obtaining a high school diploma, school uniforms, textbooks, and food on a monthly basis.

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### Footprint to Success Clubhouse

3521 West Broward Boulevard  
Suite 101  
Lauderhill, Florida, USA 33312  
Director: Barbara Harmon  
Phone: 954 657 8010  
Email: [BHarmon@footprintsuccess.org](mailto:BHarmon@footprintsuccess.org)  
Distance: 19 minutes away  
Website: [www.footprintsuccess.org](http://www.footprintsuccess.org)

By focusing on the talents, strengths, and abilities of our members, we work together performing the daily tasks of running the Clubhouse in a non-competitive environment. Our goal is to encourage members to seek employment within the community.

Members learn skills that can be applied to real jobs: computer literacy, financial literacy, employability skills, cognitive enhancement skills, data entry, culinary skills, etc.

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### MHA of Southeast Florida

7145 West Oakland Park Blvd.  
Lauderhill, FL 33313-1012  
Office Phone: 954 746 2055  
After Hours Phone: 954 578 5640  
Email: [info@mhasefl.org](mailto:info@mhasefl.org)  
Distance: 3 minutes away  
Website: <https://mhasefl.org>

Our services include information and referral, school-based prevention programs for children, education and support of parents so they can make their families strong.

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### National Alliance for Eating Disorders

4400 North Congress Avenue #100  
West Palm Beach, Florida 33407  
Phone: 866 662 1235  
Allison Weiser, Resources Manager  
Email: [info@allianceforeatingdisorders.com](mailto:info@allianceforeatingdisorders.com)  
Distance: 1 hour away  
<https://www.allianceforeatingdisorders.com>

The National Alliance for Eating Disorders is the leading nonprofit organization dedicated to the outreach, education, early intervention, support, and advocacy for all eating disorders.

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### South Florida Wellness Network

5225 NW 33rd Ave  
Oakland Park, FL 33309  
Phone: 954 533 0585  
Distance: 15 minutes away  
Website: <https://www.sfnw.org>

A Peer Run Organization Committed To Behavioral Health And Holistic Wellness For Individuals And Families.

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### DBSA Kendall Group

1st and 3rd Saturday Mornings of Month  
10-11:30 am  
Baptist Hospital, Medical Arts Building,  
8950 North Kendall Drive  
Room 105 (first room on right on 1st floor.)  
Kendall, Fl. 33176  
Park in Lot by lake or inside Medical Arts Building  
Contact: Gil Santana  
Email: [santana0730@yahoo.com](mailto:santana0730@yahoo.com)  
Distance: 1 hour away  
Contact Form Dade County

We provide peer support groups for people living with depression or bipolar disorder. We are peers – individuals just like you – who have come together in search of support, someone to speak with and share solutions with that work for us. All our support group meetings are free of charge, *confidential*, and supportive for you, your families, and friends.

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### DBSA LADIES Group

Ladies only –  
Please email Facilitator  
for schedule  
Via Zoom except for occasional local 'meetings in the Park'  
Contact: Trish Bermudez  
Email: [DBSALADIES@gmail.com](mailto:DBSALADIES@gmail.com)

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### DBSA Coral Gables Group

2nd and 4th Saturday Mornings of Month  
10-11:30 am  
Doctor's Hospital  
5000 University Drive  
1st Floor Valencia Room  
Coral Gables, FL 33146  
Park in the garage for free or street parking.  
Contact: Gil Santana  
Email: [santana0730@yahoo.com](mailto:santana0730@yahoo.com)  
Distance: 1 hour 22 minutes away  
Contact Form Dade County

We provide peer support groups for people living with depression or bipolar disorder. We are peers – individuals just like you – who have come together in search of support, someone to speak with and share solutions with that work for us. All our support group meetings are free of charge, *confidential*, and supportive for you, your families, and friends.

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### Larkin Community Hospital Behavioral Health Services

1201 N 37th Ave  
Hollywood, FL 33021  
Phone: (754) 777-5600  
Distance: 32 minutes away

Our hospital offers inpatient psychiatric and addiction services for adults and inpatient psychiatric care for adolescents (ages 12-17). We offer these services in a personalized setting with close and constant communication with our treatment team.

A confidential consultation is available to discuss your individual therapeutic needs.

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## Other resources in your state:

### American Children's Campaign

111 S. Magnolia Drive  
Suite 4  
Tallahassee, FL 32301  
Phone: 850 425 2600  
Fax: 850 425 2620  
Email: [contact@iamforkids.org](mailto:contact@iamforkids.org)  
Website: <https://iamforkids.org>

Our mission is to be the change for complex social problems through public education, advocacy and community activism. Our VISION is the future of Florida's children is as limitless as their dreams.

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### Clubhouse International Florida Directory

Academy at Glengary  
1910 Glengary Street  
Sarasota, Florida, USA 34231  
Director: William McKeever  
Phone: 941 921 9930  
Fax: 941 922 2133  
Email: [info@AcademySRQ.org](mailto:info@AcademySRQ.org)  
Website Address: [www.AcademySRQ.org](http://www.AcademySRQ.org)

The Academy at Glengary provides a pathway to success, friendship and careers for adults seeking to improve their mental health. Membership at the Academy provides opportunities for wellness, community integration, and employment.

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**Clubhouse International Directory Cont'd**

Charlotte's Place  
351 S. Bay Avenue  
Sanford, Florida, USA 32771  
Director: Hannah Wilson  
Phone: 407 732 5364  
Fax: 407 321 3488  
Email: hannah.wilson@aspirehp.org  
Website Address: www.sedonahousecfl.org

Charlotte's Place is a Clubhouse program which creates a restorative environment for people with mental illness and co-occurring disorders. Participants are members, not clients, patients or consumers, who work side by side in operating and accomplishing the goals of the Clubhouse. Charlotte's Place Clubhouse focuses on wellness and on talents, skills and abilities, not a person's illness, and is fully accredited by Clubhouse International, Inc.

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Club Fellowship  
9827 E. Hibiscus St.  
Palmetto Bay, Florida, USA 33157  
Director: Kellene Cole  
Phone: 305 740 2420  
Email: ClubFellowship@fellowshiphouse.org  
Website Address: www.clubfellowship.org

Club Fellowship is a Clubhouse in south Miami-Dade county for residents living with a severe or persistent mental illness.

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Club Success  
2014 Lakeland Hills Blvd  
Lakeland, Florida, USA 33805  
Director: Miranda Mills  
Phone: 863 519 0874  
Fax: 863 686 2336  
Email: mmills@peacrivercenter.org  
Website Address: www.clubsuccess.club

Club Success is a place for people living with mental illness that provides opportunities to build on skills such as problem-solving and solution-focused tasks. It is a great place for people to learn how to be successful in their abilities and begin a new journey. Once you join club success, you are considered a member and are always a member. Being a member allows you to foster long-lasting friendships, be in an environment where we work on having a positive attitude, and learn to work as a team. At Club Success, we focus on enhancing job skills while building self-esteem. We look forward to new members joining our Club and hope to see you soon!

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Gainesville Opportunity Center  
102 NE 10th Ave., #2  
Gainesville, Florida, USA 32601  
Director: Brett Buell  
Phone: 352 224 5523  
Email: mail@goclubhouse.org  
Website Address: www.goclubhouse.org

We are a community-partnership program where people whose lives have been drastically interrupted by a major mental illness come voluntarily to rebuild their lives. This successful evidence-based model helps people with mental illnesses stay out of hospitals, achieve dreams and goals of social, financial, educational, and vocational independence.

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Hope Clubhouse of SW Florida  
3602 Broadway  
Fort Meyers, Florida, USA 33901  
Director: Erin Broussard  
Phone: 239 267 1777  
Email: info@hopeclubhouse.org  
Website Address: www.hopeclubhouse.org

HOPE Clubhouse is a local community-based solution to a global problem. Our units (activities) provide opportunities for work, wellness, education and socialization – in an evidence based approach that has been proven to help people with mental illness and recover their lives.



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Kate's Place  
4508 Thistledown Drive  
Orlando, Florida, USA 32804  
Director: Carolyn Kreuzpaintner  
Phone: 407 667 1606  
Email: [katesplace408@yahoo.com](mailto:katesplace408@yahoo.com)

Kate's Place is a Clubhouse program that was established to support individuals living with the effects of mental illness and co-occurring disorders. Participants are members, not clients, patients or consumers. Members work side by side in operating and accomplishing the goals of the Clubhouse. Kate's Place is a restorative environment for people with mental illness and co-occurring disorders. It focuses on wellness, personal talents, skills, and abilities, not a person's illness.

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MHA Fern Street Clubhouse  
909 Fern Street  
West Palm Beach, Florida, USA 33401  
Director: Melissa George  
Phone: 561 832 3755 opt 3  
Email: [info@mentalhealthpbc.org](mailto:info@mentalhealthpbc.org)  
Website Address: [www.mentalhealthpbc.org](http://www.mentalhealthpbc.org)

MHA clubhouses allow members to build long-term relationships that help secure employment, education, and housing.

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The Ora Clubhouse  
1009 NE 28th Avenue  
Ocala, Florida, USA 34470  
Director: Leda Pérez  
Phone: 352 402 9001  
Email: [info@theoraclubhouse.org](mailto:info@theoraclubhouse.org)  
Website Address: <http://www.theoraclubhouse.org>

We are a Non-Profit organization supporting recovery from mental illness. Clubhouses powerfully demonstrate that people with mental illness can and do lead productive, happy lives.

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Vincent House  
4801 78th Avenue North  
Pinellas Park, Florida, USA 33781  
Director: Jacki Killeen  
Phone: 727 541 0321  
Fax: 727 541 0355  
Email: [jacki@vincenthouse.org](mailto:jacki@vincenthouse.org)  
Website Address: <http://vincenthouse.org>

Our mission at Vincent House is to assist, promote, and celebrate individuals recovering from a mental illness in their effort to improve social and vocational skills, and become employed in the community.

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Vincent House Hernando  
7473 Forest Oaks Boulevard  
Spring Hill, Florida, USA 34606  
Director: Steven Lockwood  
Phone: 352 701 0778  
Fax: 352 701 0779  
Email: [steven@vincenthouse.org](mailto:steven@vincenthouse.org)  
Website Address: <http://vincenthouse.org>

Our mission at Vincent House is to assist, promote, and celebrate individuals recovering from a mental illness in their effort to improve social and vocational skills, and become employed in the community.

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### Partnership for Children

910 North Jefferson Street  
Jacksonville, Florida 32209  
Phone: 904 544 8866  
Email: [thepartnership@pchjax.org](mailto:thepartnership@pchjax.org)  
Website: <https://partnershipforchildhealth.org>  
Distance: Closest is about 4 hours and 40 minutes  
from West Broward Outpatient

By creating an integrated system of care through collaborative partnerships, Jacksonville is transforming the medical, mental, behavioral, and developmental health systems for children, youth and families connecting them with the resources and services they need to reach their full potential.

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### The Family Cafe Network

820 East Park Ave. Suite F-100  
Tallahassee, FL 32301  
Lori Fahey, CEO  
Phone: 850 224 4670  
Email: [info@familycafe.net](mailto:info@familycafe.net)  
Website: <https://familycafe.net>  
Distance: Closest is about 7 hours from any of  
our sites

The Family Café exists to provide individuals with disabilities and their families with an opportunity for collaboration, advocacy, friendship and empowerment by serving as a facilitator of communication, a space for dialogue and a source of information.

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### The Jed Foundation

530 7th Avenue, Suite 801  
New York, NY 10018  
Phone: 212 647 7544  
Contact Name: Katie Cunningham  
Email: [katie@jedfoundation.org](mailto:katie@jedfoundation.org)  
Website: <https://jedfoundation.org/mental-health-resource-center/>

JED does not have boots on the ground in your area, but they do have incredible virtual resources for adolescents and young adults. They also offer educational material.

The Jed Foundation (JED) is a nonprofit that protects emotional health and prevents suicide for our nation's teens and young adults, giving them the skills and support they need to thrive today...and tomorrow.

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### American Foundation for Suicide Prevention Southeast Florida

Tara Larsen, Central & Southern FL Area Director  
Email: [tsullivan@afsp.org](mailto:tsullivan@afsp.org)  
Phone: 407-415-8757  
Distance: Within 15 miles of all of your locations  
Website: <https://afsp.org/chapter/southeast-florida>

The grassroots work we do focuses on eliminating the loss of life from suicide by: delivering innovative prevention programs, educating the public about risk factors and warning signs, raising funds for suicide research and programs, and reaching out to those individuals who have lost someone to suicide.