



Sharlin Health Neuroscience
Research Center

5508 N. Farmer Branch Road, Ozark, Missouri 65721
Tel: 417-485-4330 www.sharlinresearch.com



**COMMUNITY
PARTNERSHIP**

The **Community Partnership of the Ozarks** runs more than 40 programs that advocate for healthy children, opioid prevention, homeless care and more.

To help build strong neighborhoods & communities, we focus on:

- ✓ Community engagement and capacity building
- ✓ Empowering people and communities
- ✓ Fostering a sense of belonging and ownership
- ✓ Building skills and capacity in both individuals and group

CPO has a number of efforts and initiatives that engage the community and facilitate long-lasting positive change in your community:

- ✓ Preventing homelessness and ensure safe, affordable housing
- ✓ Preventing child abuse and neglect and reduce poverty
- ✓ Ensuring clean air and water
- ✓ Preventing crime, substance use and violence
- ✓ Increase access to quality, affordable child care
- ✓ Increasing access to preschool programs

**Community Partnership
of the Ozarks**

330 N. Jefferson Ave.
Springfield, MO 65806
Phone: (417) 888-2020
Email: info@cpozarks.org
<https://cpozarks.org>



**Depression and Bipolar
Support Alliance**

Depression and Bipolar Support Alliance (DBSA) changes lives, saves lives and impacts lives, through education, peer support groups and advocacy for those diagnosed with a mental health illnesses and empowers their family and friends to embrace their independence, advocate for improved services, and to love them for who they are.

DBSA offers online support groups to provide a safe space for people suffering from bipolar, depression, or schizoaffective disorders to share experiences, personal feelings and strategies for living successfully with these conditions. All DBSA online support groups are free of charge.

DBSA National HQ

55 E Jackson Blvd, Suite 490
Chicago, IL 60604
Email: info@dbsaoc.org
Tel: (800) 826-3632
www.dbsalliance.org






FRIENDS IN ACTION CLUBHOUSE is a community center that offers people who have mental illness hope and opportunities to achieve their full potential. While building relationships at Clubhouse, members have the

opportunity to engage in meaningful work in several different areas, from which members can choose according to their own areas of interest:

- administrative/clerical
- culinary/food service
- fundraising
- fine arts/creative arts
- maintenance/housekeeping
- employment/education

Friends in Action Clubhouse

657 Walton Drive
Farmington, MO 63640
Phone: 573-760-8360
Email: fiacubhouse@bjc.org
<http://www.fiacubhouse.org>

<p>In addition to the usual day activities, Clubhouse offers:</p> <ul style="list-style-type: none"> • EWH (Evening, Weekend, Holiday) Program - Social/leisure activities are held during evening, weekend and holiday hours for members and staff to engage in social events. Often family members also join in the fun. • Advocacy/Education - Clubhouse helps its members stay up-to-date with political and mental health issues through local events, NAMI meetings, conferences, Hill Day in Jefferson City, Chamber meetings, etc. • Outreach/Reach Out – This team stays in touch with members who are in the hospital or isolated at home through phone calls, letters/cards or personal visits. This team is also responsible for all tours and orientations of new members. • Employment/Education - Clubhouse will support members in both aspects. • Community Support - Clubhouse supports members on an as needed basis depending on individual needs. 	<p>Friends in Action Clubhouse (continued)</p>
<p>HARMONY HOUSE Harmony House provides shelter, advocacy and education to survivors of domestic violence and promotes the principle that all individuals have the right to a life free of abuse. Some services provided include support groups, life skills, parenting and relationship classes and legal advocacy. All services are free and confidential.</p>	<p>Harmony House 3404 E Ridgeview Springfield, MO 65804 Phone: 417-837-7700 www.myharmonyhouse.org</p>
<p> The Kitchen ENDING HOMELESSNESS</p> <p>The Kitchen provides services to families, individuals, youth, seniors, and Veterans to make sure homelessness is rare, brief, and nonrecurring for each of our clients. The Kitchen provides emergency shelter, case management, housing assistance, and affordable housing for families, individuals, youth, seniors, and Veterans in Greene, Christian, and Webster counties. Case managers work with individuals to help them overcome the barriers that led to homelessness and connect them to resources in the community that will allow them to achieve housing stability. The Kitchen has evolved from a simple soup kitchen into a leader in our community to provide stability and purpose to those we serve.</p>	<p>The Kitchen 730 N Glenstone Ave, Springfield, MO 65802 Phone: (417) 837-1500 Email: info@thekitcheninc.org www.thekitcheninc.org</p>
<p> Least Of These, Inc. Christian County Food Pantry</p> <p>Least Of These is the only full service food pantry serving Christian County, providing food for 1,400 families with more than 4,000 family members. Our mission is to alleviate food insecurity in Christian County by providing food, resources, and education to address the challenges of our neighbors in need. Grocery Pickup is by appointment only on Monday, Wednesday, and Friday mornings. Call before arriving to complete an application over the phone.</p>	<p>Least of These 1720 James River Road Ozark, MO 65721 Phone: (417) 724-2500* (Call before arriving!) Email: info@leastofthesefoodpantry.org www.leastofthesefoodpantry.org</p>
<p> LSSM PROVIDING QUALITY LEGAL AID</p> <p>Legal Services of Southern Missouri is a not-for-profit corporation created by an Act of Congress to ensure low-income people have equal access to the courts nationwide. LSSM never charges a fee to a client. LSSM's core legal services provided to the low-income and elderly are domestic/sexual violence, family, consumer, housing, public benefits, and elder law. Eligibility for legal aid may be based on income and assets of all members of the household and the legal problem.</p>	<p>Legal Services of S. Missouri Springfield / Headquarters 809 North Campbell Springfield, MO 65802 Phone (417) 881-1397 www.lsosm.org</p>



MHA is a powerful voice for healthy communities throughout the nation and offers information, referrals, and resources for individuals living with any type of mental illness. One of MHA’s services includes online screening, which is one of the quickest and easiest ways to determine whether you are experiencing symptoms of a mental health condition. **Mental health conditions, such as depression or anxiety, are real, common and treatable. And recovery is possible.**

Mental Health American of Eastern Missouri (MHA-EM) is a nonprofit organization founded in 1945, we are affiliated with Mental Health America, the oldest and largest volunteer movement in the U.S. concerned with mental health and mental illness. Our agency is committed to the B4Stage4 philosophy, an approach to mental health grounded in the encouragement of early interventions and treatments. We believe that mental health is fundamental to the quality of every human life and are deeply committed to promoting mental health for everyone. We offer various programs designed to be educational, preventative, and supportive.

Mental Health America of Eastern Missouri
 5501 Delmar Blvd, Suite A500
 Saint Louis, MO 63112
 Phone: 314-773-1399
 info@mha-em.org
<https://www.mha-em.org>



Missouri Families 4 Families is the closest National Federation of Families Affiliate, with the mission to bring hope to Missouri's families with children and youth who have emotional and behavioral health needs.

At Missouri Families 4 Families we nurture and support family connections to each other and to quality services, provide family assistance through information, support, training and technical assistance in local communities resulting in self-advocacy, and promote family voice on decision-making committees that develop and monitor policy, planning, and service delivery for children/youth with emotional behavioral needs at all levels of services.

Missouri Families 4 Families
 (NFF Affiliate)
 3705 Route C
 Jefferson City, MO 65109
 Phone: (573) 619-1322
 Email: mofam4fam@gmail.com
www.mofamilies4families.com



NAMI is the nation’s largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. Your local NAMI Affiliates and volunteer leaders work in

communities across the country to raise awareness and provide essential and free education, advocacy, and support group programs.

NAMI Southwest Missouri is the local affiliate for NAMI and NAMI Missouri in the Southwest Missouri area. NAMI SWMO is also a partner agency with the Missouri Department of Mental Health. We are a grassroots, not for profit organization dedicated to providing programs and services to individuals and family members impacted by mental illness. NAMI serves as a drop-in center and offers peer supported groups to manage and help in their recovery. Collectively, we are the “Area's Voice on Mental Illness”.

NAMI Southwest Missouri
 819 N. Boonville Ave
 Springfield, MO 65802
 Phone: (417) 864-7119
 Email: nami@namiswmo.org
<https://namiswmo.org/>

NAMI Missouri
 3405 W. Truman Blvd. #102
 Jefferson City, MO 65109
 Phone: (573) 634-7727
 Email: info@namimissouri.org
www.namimissouri.org



Ozarks Area Community Action Corp (OACAC), which is part of a nationwide network of Community Action Agencies, fights poverty with innovative programs and expanded services for children through Head Start and Early Head Start. From developing programs for families to initiating community projects, OACAC is committed to making the Ozarks a better place to live and work for all residents.

Services include utilities assistance, rent and weatherization financial assistance; senior fund assistance; case management, informational workshops, referral source to various other services in Christian County. In addition to direct assistance to our low-income neighbors, OACAC fights poverty through hands-on learning experiences that raise awareness and empathy, and help young people to make wise choices in life. Some requirements.

Ozarks Area Community Action Corp (OACAC)

215 S. Barnes Ave.
Springfield, MO 65802
Phone: (417) 862 – 4314
email: info@oac.ac
www.oacac-caa.org

Christian County Community Center

204 E. Elm
Ozark, MO 65721
Phone: 417-581-7631



One Door (Community Partnership of the Ozarks) offers affordable housing, homelessness prevention, early childhood and family development and youth support. One Door serves those who are homeless or at immediate risk of homelessness throughout Greene, Christian and Webster counties. If you are at risk of becoming homeless or currently without a safe, stable place to stay, please call or visit us at the O’Reilly Center for Hope. One of the One Door service coordinators will meet with you to help identify resources and options that may meet your individual needs. Hours of Operation are Monday – Friday: 9am to noon and 1pm to 5pm.

One Door

O’Reilly Center for Hope
1518 E. Dale
Springfield, MO
(417) 225-7499
Email: jmoorhead@cpozarks.org
cpozarks.org/programs/one-door



Salvation Army Emergency Social Services provides rental assistance, clothing, diapers and formula, prescription assistance, transportation and food pantry.

Harbor House, a Salvation Army resource, is the largest shelter in Boone County and the only shelter in the county that serves a non-specific population. They also a rehab program for men to maintain sobriety, work towards a college education, enter the workforce, receive counseling, drug and alcohol rehabilitation, and much more.

Front Line Feeding Program: Free lunch served daily from Noon-1:00 p.m. to anyone who is hungry.

Salvation Army

636 N Boonville Ave
Springfield, MO 65806
Phone: (417) 862-5509 ext. 108
centralusa.salvationarmy.org

Harbor House

636 N Boonville Ave
Springfield, MO 65806
Phone: (417) 831-3371
<https://centralusa.salvationarmy.org/midland/springfieldMO/provide-housing/>



Victory Mission and Ministry offers housing, employment, food, and peer support services to those in need.

Victory’s Transitional Shelter provides an affordable housing alternative to pay-by-the-week hotels and substandard housing as men transition into a state of independence. Our Emergency Shelter allows men to stay for up to 30 days every six months. For the 30-day duration, residential program fees are waived through scholarship.

Victory’s WorkReady BootCamp is a week-long training program designed to help you find and maintain meaningful work.

The Victory Mobile Pantry operates in partnership with Ozarks Food Harvest, Victory travels to neighborhoods in the Springfield area to meet the immediate needs of families facing food insecurity.

Victory Mission & Ministry

Administration Office
1715 N Boonville Avenue
Springfield, MO 65803
Phone: 417-864-2200
www.victorymission.com