



National Alliance on Mental Illness

**NAMI** is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. Your local NAMI Affiliates and volunteer leaders work in communities across the country to raise awareness and provide essential and free education, advocacy, and support group programs.

**NAMI Northside Atlanta** is dedicated to eradicating the stigma of mental illness, enhancing the hope of recovery, and improving the quality of life for children and adults who have been diagnosed with a brain disorder through advocacy, education, research, and support.

**NAMI Georgia** is an organization of families, friends and individuals whose lives have been affected by mental illness. Together, we advocate for better lives for those individuals who have a mental illness, and we offer support, education and advocacy as we do so.

**NAMI Northside Atlanta**

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**NAMI Georgia**

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Mental Health America

**MHA** is a powerful voice for healthy communities throughout the nation and offers information, referrals, and resources for individuals living with any type of mental illness. One of MHA's services includes online screening, which is one of the quickest and easiest ways to determine whether you are experiencing symptoms of a mental health condition. **Mental health conditions, such as depression or anxiety, are real, common and treatable. And recovery is possible.**

MHA-GA is the primary resource of choice for prevention and early intervention programs, with information, education, and training in mental health and wellness. MHA-GA maintains a strong and viable organization to deliver our mission and advance our vision of mental health and influences policy change through education and advocacy, with focus on a individual's right to live an independent and fulfilling life.

**MHA of Georgia**

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http://mhageorgia.org



Depression and Bipolar Support Alliance

**Depression and Bipolar Support Alliance (DBSA)** changes lives, saves lives and impacts lives, through education, peer support groups and advocacy for those diagnosed with a mental health illnesses and empowers their family and friends to embrace their independence, advocate for improved services, and to love them for who they are.

At DBSA Metro Atlanta, our mission is to improve the lives of people living with depression, bipolar and other mood disorders. If you're seeking hope and help for successfully managing mood disorders, like depression or bipolar disorder, you've come to the right place. Visit our web site for wellness tools, helpful resources, details on our support groups, information on our newsletter, our contact information, upcoming events and more.

**DBSA Metropolitan Atlanta**

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