

Project RockSTARR



Local Advocacy Resources



National Alliance on Mental Illness

NAMI is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. Your local NAMI Affiliates and volunteer leaders work in communities across the country to raise awareness and provide essential and free education, advocacy, and support group programs.

NAMI Savannah affiliate is a support, education and advocacy organization made up of individuals living with a mental illness and their families and friends. We offer Recovery Support Groups designed for people living with a mental disorder as well as Family Support Groups for their loved ones.

NAMI Savannah Georgia
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Savannah, GA 31405
Phone: (912) 353-7143
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www.namisavannah.org



Mental Health America

MHA is a powerful voice for healthy communities throughout the nation and offers information, referrals, and resources for individuals living with any type of mental illness. One of MHA's services includes online screening, which is one of the quickest and easiest ways to determine whether you are experiencing symptoms of a mental health condition. **Mental health conditions, such as depression or anxiety, are real, common and treatable. And recovery is possible.**

MHA of Greater Augusta is made up of volunteers dedicated to being a strong voice for public and private efforts in support of mental health and the prevention of mental illness. MHA of Greater Augusta works to enhance the mental health of all members of our community through education, outreach and advocacy. We envision a day when all members of our community will have access to culturally competent and appropriate mental health services for – and information on – prevention, early intervention, treatment and recovery.

MHA of Greater Augusta
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